The contest is open to students, staff, and faculty. The next Lunch and Learn will be on March 7<sup>th</sup> from 12:30 until 1:30pm. Free Step Aerobics meets at 5:45 pm on Monday, Tuesday, and Thursday in the Centennial Hall classroom.

Weight Watchers- Bob Lee

Two Weight Watchers groups have been formed with a total of 42 employees participating. One group will meet on Tuesday at 12pm noon and the other will meet on Wednesday at 1:00pm. For more information got to <a href="http://www.valdosta.edu/finadmin/wellness/">http://www.valdosta.edu/finadmin/wellness/</a>.

## 7. Report from the Chair Bobby Flowers

a. **Academic Scheduling / Procedures** – Bobby Flowers

Committee has met and set 2009 and 2010 calendar. July 3, 2009, Friday will be taken as the July 4<sup>th</sup> holiday since it falls on Saturday. July 4, 2010 will be observed the Friday before the holiday.

b. **Faculty Senate** – Bobby Flowers

Christine James will be discussing Spring Break dates for next year.

c. University Council – Richard Hammond

BOR has approved VSU PhD programs. Money for Nevins Hall renovations was reduced to \$4.1. After renovation of Georgia Hall, 500 beds will be offered. Plans were changed somewhat to preserve and protect the beautiful pines on main campus.

d. State Staff Council – Bobby Flowers

Meeting will be February 15<sup>th</sup> at Macon State. Bobby Flowers and Sharon Butcher will attend the meeting.

## 8. Unfinished Business

Dining Dish Committee <a href="http://services.valdosta.edu/dining/advisory.aspx">http://services.valdosta.edu/dining/advisory.aspx</a>

Relay For Life – Becky Murphy discussed teams for the Relay For Life coming up.

Staff Conference will be held at VSU in 2010.

## 9. New Business

"In Their Shoes" – Print certificate and send it to Access Office for prize.

## 10. Other Business

- A. Mike McKinley introduced his guest, Kathy Sundin, to COSA members.
- B. HERO Program The Red Cross will provide a bus if we have a guarantee of at least 25 participants.
- **11. Reminders** Encourage more participation at VSU events.

Use your online employee self-help site.

Help promote the HERO program.

**12. Adjournment** The meeting was adjourned at 10:05 a.m.

Next COSA meeting is March 11, 2008 in the U.C. Rose Room at 9:00 a.m.

Respectfully submitted,

Diane Guess

Secretary, Council on Staff Affairs